

ABINGTON HOSPITAL-JEFFERSON HEALTH

1200 Old York Road Abington, PA 19001

Interventional Radiology Department Telephone: 215-481-2071

Office Telephone: 215-481-6226

Fax: 215-481-2567

Website: www.abingtonir.com

**Mapping Arteriogram Pre-Y90 Treatment
Discharge Instructions**

You have had a mapping arteriogram and arterial embolization in preparation for Y90 infusion at a later date. The catheter was placed through an artery in the groin and completely removed after the procedure. The information below will help you and your family members take care of you after your procedure.

DIET:

Resume your previous diet. Drink plenty of fluids. Water and fruit juices are preferable. Drink at least 24 ounces of beverages during the next four hours after you leave the hospital.

MEDICATIONS:

Resume your previous medications. Follow directions for post procedure pain medications and other medications as prescribed or recommended.

SITE CARE:

Change the Band-Aid or gauze the morning after the procedure.

ACTIVITY:

A responsible adult must take you home. Do not drive a car for 24 hours. When you arrive home, rest quietly for the remainder of the day. Do not **perform any strenuous activity** for at least 24 hours. Limit bending at the puncture site and the use of stairs for at least 24 hours. No heavy lifting (more than a full gallon of milk) for 3 days. Do not bend at site that was used for the puncture access for the arteriogram within 24 hours of procedure.

BATHING:

You may shower the morning after the procedure. Do not take a hot bath for several days.

PLEASE CALL 911 – IF YOU EXPERIENCE THE FOLLOWING SYMPTOM

-) Bleeding at the site which does not stop after holding firm, direct pressure for 5 minutes

PLEASE CALL THE RADIOLOGIST PROMPTLY IF YOU EXPERIENCE ANY OF THE FOLLOWING SYMPTOMS:

-) Signs of infection at the site such as drainage from the site, increasing pain, redness, swelling, excessive warmth.
-) Increasing pain, numbness, coolness or blue discoloration of either leg or both legs.
-) Pulsating mass at the puncture site.
-) Bruising at the puncture site that **enlarges** or becomes **painful**. (some bruising at the puncture site is common and will go away in a few days).
-) Any abdominal pain or distension.
-) Any nausea.
-) Inability to tolerate oral fluids.

If you received "sedation-analgesia," or "conscious sedation," some of the effects of the medications can last for a long time. For this reason you are not to drive or operate heavy machinery, ride your bicycle or take part in any activity that requires concentration. Be cautious walking up and down stairs.
YOU SHOULD SEEK MEDICAL ATTENTION IMMEDIATELY, EITHER HERE OR AT THE NEAREST EMERGENCY DEPARTMENT, IF ANY OF THE FOLLOWING OCCURS:

-) Chest pain or shortness of breath.
-) Inability to swallow solids or fluids.
-) Fever, vomiting, or signs of dehydration: Lightheadedness, dizziness when standing, dry mouth and/or decreased urination.

WHOM TO CALL:

Physician Contact Information

-) **If you have a problem that requires immediate attention, you should go to the emergency room, either at Abington Memorial Hospital or the closest hospital, or call 911.**
-) Our office is open Monday through Friday (except major Holidays) from 7:30 AM to 4:00PM. We can be reached at 215-481-6226.
-) If you are unable to reach our office and you have an urgent need, please call the following:
 - o ***During regular weekday hours (except major Holidays) from 7:30 AM to 4:00 PM, call 215-481-2040.***
 - o ***For after hour emergencies call 215-481-2000 and ask the hospital operator to contact the Interventional Radiologist on-call.***

I hereby acknowledge that I have received and understand the instructions given to me.

PATIENT SIGNATURE

NURSE SIGNATURE

DATE

TIME