

**ABINGTON MEMORIAL HOSPITAL INTERVENTIONAL RADIOLOGY DEPARTMENT**

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**PERCUTANEOUS RADIOFREQUENCY ABLATION/CRYOABLATION DISCHARGE INSTRUCTIONS**

- You have had a radiofrequency ablation/cryoablation of your \_\_\_\_\_.
- You may resume your normal diet.
- You may resume your normal medications. However, if you take any blood thinning medications, such as anticoagulants, aspirin, or NSAIDS, refrain from taking them for 24 hours post procedure.
- Do not drive a car or make any important decisions for 24 hours after the procedure.
- Do not engage in any excessive physical activity for 24 hours after the procedure. You may then return to normal activities as tolerated.
- You may experience post-embolization syndrome. Symptoms may include low-grade fever, malaise, and/or mild pain (flu-like symptoms). Note that these symptoms may not occur immediately following the procedure and may last several days to a week.

**Notify your primary physician and/or Radiologist IMMEDIATELY if any of the following occur:**

- **Fever of 101.5 ° F (38.5 ° C) ,chills, and/or shakes**
- **Lightheadedness, dizziness, or feeling faint**
- **Bleeding or swelling at the probe site insertion**
- **Redness, drainage, or tenderness at the probe site insertion**
- **For Lung Cases: Difficulty breathing, shortness of breath, pain with breathing, or chest pain or severe back pain, vomiting or coughing up blood**
- **For Renal Cases: severe back pain, cloudy, bloody, or foul-smelling urine**
- **For Liver Cases: severe abdominal or back pain**

**Physician Contact Information**

- **If you have a problem that requires immediate attention, you should go to the emergency room, either at Abington Memorial Hospital or the closest hospital, or call 911.**
- Our office is open Monday through Friday (except major Holidays) from 7:30 AM to 4:00PM. We can be reached at 215-481-6226.
- If you are unable to reach our office and you have an urgent an urgent need, please call the following:
  - ***During regular weekday hours (except major Holidays)*** from 7:30 AM to 4:00 PM, call **215-481-2071**. Press **#1 for outpatient needs** and **#3 to speak with a Radiology Nurse**.
  - ***For after hour emergencies*** call **215-481-2000** and ask the hospital operator to contact the Interventional Radiologist on-call.

Staff Signature \_\_\_\_\_

Date \_\_\_\_\_

Patient Signature \_\_\_\_\_

Date \_\_\_\_\_