

ABINGTON HOSPITAL-JEFFERSON HEALTH

1200 Old York Road Abington, PA 19001

Interventional Radiology Department Telephone: 215-481-2071

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Website: www.abingtonir.com

NEEDLE BIOPSY/ASPIRATION

Discharge Instructions

You have had a biopsy/aspiration of your _____.

You were given conscious sedation; therefore, you need someone to stay with you until the morning after your procedure.

You may resume your normal diet.

You may resume your normal medications.

Do not drive, engage in heavy lifting or strenuous activity or consume any alcoholic beverages for the next 24 hours.

You may resume normal activity in 24 hours, as tolerated

Keep the area covered and dry for the next 24 hours.

It is normal to experience some pain at the site over the next few days. You may take Tylenol for that pain.

Notify your primary physician and/or Radiologist IMMEDIATELY if any of the following occur:

-) **Fever of 101° F (38° C) or chills**
-) **Swelling and or redness in the area of the puncture site**
-) **Worsening pain**
-) **Lightheadedness or dizziness upon standing**

If you received "sedation-analgesia," or "conscious sedation," some of the effects of the medications can last for a long time. For this reason you are not to drive or operate heavy machinery, ride your bicycle or take part in any activity that requires concentration. Be cautious walking up and down stairs.

YOU SHOULD SEEK MEDICAL ATTENTION IMMEDIATELY, EITHER HERE OR AT THE NEAREST EMERGENCY DEPARTMENT, IF ANY OF THE FOLLOWING OCCURS:

-) **Chest pain or shortness of breath.**
-) **Inability to swallow solids or fluids.**
-) **Fever, vomiting, or signs of dehydration: Lightheadedness, dizziness when standing, dry mouth and/or decreased urination.**

Physician Contact Information

-) **If you should have a problem that you feel requires immediate attention, you should either call 911 or go to the emergency room, either at Abington Memorial Hospital or the closest hospital. If you feel that your problem can safely wait until you speak to a physician, you should contact your doctor or radiologist.**
-) If you have concerns that need to be answered by the Radiologist, you can reach him/her as follows:
 - o During regular weekday hours (7:30am to 4:00pm), call 215-481-2040
 - o During off hours for emergencies call 215-481-2000 and ask the hospital operator to contact the Interventional Radiologist on-call.

I hereby acknowledge that I have received and understand the instructions given to me.

PATIENT SIGNATURE

NURSE SIGNATURE

DATE

TIME